

	BP Reading		Awake that Day	36 readings
8/23/2022	144/77		6:00am	
9/1/2022	110/76 @4:45pm	4:45p	6:15am	
11/28/2022	123/99-70 @825	8:25a	4:30am	Readings out of range HIGH = 19
11/30/2022	123/67-66 @ 11am	11:00a	5:30am	
12/1/2022	108/68		6:30am	Readings out of range LOW = 3
12/9/2022	117/65 77 @1:35pm	1:35p	up all night	
12/10/2022	110/67-82 @ 5:15pm	5:15p		
12/12/2022	103/65-73 @8:55pm	8:55p	10:00am	
12/14/2022	114/65-73 @1:34am	1:34p	7:45am	
12/15/2022	131/77-65 @1205pm	12:05p	8:30am	
12/16/2022	135/72-65 @8pm	8:00p		
12/29/2022	119/69 74 @ 1050a	10:50a	5:00am	
1/2/2023	115/69 74 525p	525p	445am	
1/4/2023	119/61 80 @315P; 112/69 83 @ 322p	3:15p	745am	
1/10/2023	110/71 65 @1155p	11:55p	445am	
1/17/2023	92/65 98 2p	1:00p	1100am	
1/24/2023	123/70 83 @ midnight15	Midnight	700am	
2/2/2023	129/72 70 1140a during session	11:40a	915am	
2/6/2023	101/58 80 @730p;	7:30p	1015am	
2/7/2023	92/52 81 @1014p	10:14p	7:15am	
2/9/2023	115/65 90 @ 615a	6:15a	500am	
3/3/2023	154/86; 144/86	morning before meds kicked in; retest after 10min, coming down, okay to leave		
3/8/2023	122/76 c340	3:40p		
3/9/2023	134.76 c330	3:30p		
3/11/2023	122/76 c befNoon	before Noon	1030am	
3/16/2023	126/70 3p	3:00p		
3/18/2023	140/70 @ 815am	8:15a	700am	
4/1/2023	142/80 @ 8am	8:00a	8am	
4/5/2023	130/70 c440	4:40p		
4/7/2023	140/70 c530	5:30p		
4/11/2023	122/70 c1145	11:45a		
4/14/2023	120/84 c345	3:45p		
4/20/2023	96/74 @ 450p	4:50p	515am	
4/21/2023	120/84 @ 5p	5:00p	730am	
4/22/2023	130/74	1:00p	1015am	